

Sponsored by HARMONY Institute for Psychotherapy and Counseling



**CONFERENCE
COORDINATORS**

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SUPPORTERS

Concord Institute, USA
Meta-senter, Norway
Uniterra Foundation, USA
NRU Higher School of Economics, Russia

Friday, April 28	15:00 - 19:00	Registraion
	18:00	Dinner
	19:00	Opening Ceremony
	20:30 - 22:00	Evening lecture by Svetlana Adonyeva
Saturday, April 29	08:00 - 08:45	Morning Open space
	8:00 - 10:00	Registraion
	9:00 - 10:00	Breakfast
	10:00 - 11:15	Morning lecture by Mark Horowitz
	11:15 - 11:30	Presenting workshops of the day
	11:30 - 12:00	Coffee-break
	12:00 - 14:00	Early afternoon sessions
	14:00	Lunch
	15:30 - 18:00	Late afternoon sessions
	18:15 - 19:15	Dialogue groups
	19:30	Dinner
	20:30 - 22:00	Watching and discussing a documentary TOGETHER by Denis Shabaev
Sunday, April 30	22:00	Open space
	08:00 - 08:45	Morning meditation and movement with Anne Yeomans
	9:00 - 10:00	Breakfast. Reistration
	10:00 - 11:15	Morning lecture by Dmitriy Isayev
	11:15 - 11:30	Presenting workshops of the day
	11:30 - 12:00	Coffe-break
	12:00 - 14:00	Early afternoon sessions
	14:00	Lunch
	15:30 - 18:00	Late afternoon sessions
	18:15 - 19:15	Dialogue groups
	19:30	Dinner
	20:30 - 22:00	Poetry Reading with Gary Whited and Anne Yeomans
Monday, May 1	08:00 - 08:45	Morning dance-and-movement workout with Anna Rodina
	9:00 - 10:00	Breakfast. Reistration
	10:00 - 11:15	Morning lecture by Aleksander Badknen
	11:15 - 11:30	Presenting workshops of the day
	11:30 - 12:00	Coffee-break
	12:00 - 14:00	Early afternoon sessions
	14:00	Lunch
	15:30 - 18:00	Late afternoon sessions
	18:15 - 19:15	Dialogue groups
	19:30	Dinner
	20:30 - 22:00	Concert
	22:00	Disco and Open space
Tuesday, May 2	08:00 - 08:45	Morning Open space
	9:00 - 10:00	Breakfast. Reistration
	10:00 - 11:15	Morning lecture by Irina Glukhova
	11:15 - 11:30	Presenting workshops of the day
	11:30 - 12:00	Coffee-break
	12:10 - 14:00	Early afternoon sessions
	14:00	Lunch
	15:30	Closing Ceremony

Dear Participants!

Harmony Institute and all conference organizers welcome you at our International Conference "Self and Other: Space for Dialogue". This time we decided to take a risk and explore the idea of Diversity, Difference, and Otherness which we all deal with professionally and in our everyday life. With your help we would like to touch upon the complexity of relations between different cultures, traditions, and ethnicities, between people of different religions and opportunities. That is why it is so important for us to have participants from different countries and republics.

Some of you have been to Harmony conferences before, others are here for the first time - we are happy to see you all. During these days we will work together to build a community of colleagues and friends. We will share our experience and knowledge of how to value differences and celebrate diversity. We hope that our formal program and a lot of informal meetings will give you a chance to establish new personal and professional relations and get invaluable experience of friendship and cooperation.

The very existence of our Conference, the improvement of its quality and the development of its professional influence depend on your participation and commitment. One should not forget that all presenters use their own money and time to come here – we would like to express our deep gratitude to them for their devotion and contribution.

Let's use this opportunity to create more harmony in our relations with ourselves, with the others and with the planet. We hope that you will share our belief that each person has strength and potential to bring about the culture of peace and positive changes in our lives and in our world

**Sincerely,
Conference coordinators**

Conference Eco-info

This is the third time we're inviting everyone to participate in saving and supporting ecology in our city and on our planet.

Since there is no recycling on the state level in Russia yet, we are going to organize it ourselves. We're very grateful to our participants who took part in this project in 2015 and 2016: we are inspired by your support and enthusiasm.

Special recycling boxes will be put in every classroom, in the information room and during the tea-break to collect paper and plastic.

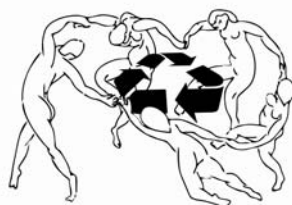
There will be trash bins for other kind of waste as well.

You are welcome to join us and to bring paper, metal and plastic that is marked like this:



... to the information room any time. Please rinse it from the inside. If you have any questions, please ask the coordinators. We're willing to share our enthusiasm and experience.

Conference coordinators



Friday, April 28

15.00 – 19.00 REGISTRATION

18.00 DINNER

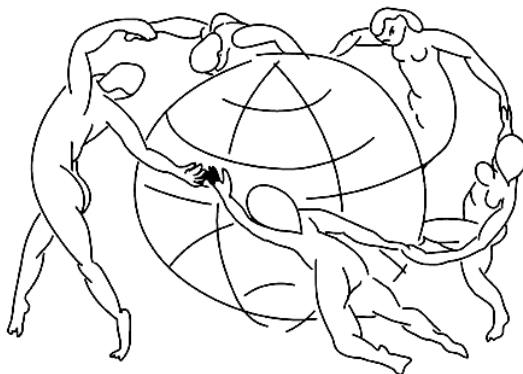
19.00 OPENING CEREMONY

20.30 – 22.00 EVENING LECTURE by Svetlana Adonyeva

Svetlana Adonyeva (*St. Petersburg, Russia*)
Routine, Slow Time and Body Techniques

Lecture

Svetlana Adonyeva, Ph.D., anthropologist, writer.



Saturday, April 30

Time		Room
08:00 – 08:45	Morning open space	White Hall
10:00 – 11:15	Morning Lecture Pain, Acceptance and the Heart Mark Horowitz	White Hall
11:15 – 11:30	Presentation of workshops	
11:30 – 12:00	Coffe-Break	
12:00 – 14:00	Early Afternoon Sessions	
	Polyvagal Theory, Poetry and PTSD: Portrait of the Poet as Trauma Therapist. Part 1 Gary Whited	
	Facilitating Therapy Groups. Part 1 Yelena Larionova, Sergey Valyukhov	
	Symptoms in Children as A Way to Speak about Problems, or When Doctor House Is Powerless Irina Mlodik	
	The Manual on Teaching Irresponsibility Aleksander Khvatov	
	Connection Points and Transitions: Therapy for Couples in Crisis Ekaterina Ugolyeva	
14:00	Lunch	
15:30 – 18:00	Late afternoon sessions	
	Polyvagal Theory, Poetry and PTSD: Portrait of the Poet as Trauma Therapist. Part 2 Gary Whited	
	Facilitating Therapy Groups. Part 2 Yelena Larionova, Sergey Valyukhov	
	Practical Phenomenology: Experiencing the Different Irina Kazakova	
	How Therapy Emerges: an Attempt of Phenomenological Comprehension Iliya Pavlovskiy	
	Empathy as Sympathetic Co-presence Veniamin Kolpachnikov	
18:15 – 19:15	Dialogue groups	
19:30	Dinner	
20:30 – 22:00	Watching and Discussing TOGETHER , a Documentary by Denis Shabayev	White Hall
22:00	Open Space	White Hall

Saturday, April 30

08.00 – 08.45

Morning Open Space before breakfast

We invite anyone who wants to organize something before the breakfast or to join someone else (it can be some kind of stretching, meditation or just a walk in the park) to announce your offer at the blue board next to the restaurant and the reception.

10.00 – 11.15

MORNING LECTURE

Mark Horowitz *Boston, MA, USA*

Pain, Acceptance and the Heart

Lecture

Continuing his infamous seminar series, “Ramblings of an Old Bald Man,” Mark Horowitz will once again present a question that he will spend an hour not answering. This year’s question is, “What is the right stance in relationship to another’s pain?” Mark will also touch on personal pain and world pain, but probably not on physical pain. He leaves that to the doctors. Mark will explore the dilemma of “just being with vs. doing something about.” He will also ask us to look at our own coping mechanisms for pain: do we dive in and lose ourselves?; do we avert our eyes or self-medicate with food, alcohol or drugs in order not to feel it?; do we get angry, sad, or paralyzed? The final question will be, “What would it mean to truly accept ours or another’s pain, and what possibilities might that open for us?” Mark will draw from his own experience in avoiding pain as well as touching on the work of the Buddha, Thich Nhat Hanh, Roshi Bernie Glassman and others.

Mark Horowitz, trained with Abraham Maslow and Roberto Assagioli. Licensed individual and family therapist, and an organizational development and management consultant. The founder of The Unitera Foundation, an international non-profit committed to the practical application of spiritual values to social change. Teaches at HARMONY Institute.

11.30-12.00

COFFE-BREAK

12.00 – 14.00

EARLY AFTERNOON SESSIONS

Gary Whited *Boston, MA, USA*

Polyvagal Theory, Poetry and PTSD: Portrait of the Poet as Trauma Therapist. Part 1

Workshop

This workshop presents Polyvagal Theory both theoretically and experientially. We will explore the full range of our autonomic nervous system experience from safely connecting with another to fight/flight behaviors to shutting down. Safely connecting with another human is a condition for the possibility of dialogue that heals. In this workshop we will access the wisdom of Polyvagal Theory and the legacy of the spoken voice through poetry to guide us in practices of deep listening and safe connection.

Polyvagal Theory draws on the evolution of the nervous system to give us a roadmap for moving into an embodied state of safety and out toward engagement with others. Poetry carries us back to a mode of dialogue when spoken language was the medium for connecting among humans.

Workshop Objectives:

- Explore the patterns of the autonomic nervous system and its influence on our ability for connection
- Explore with compassion what opens and what closes our listening
- Engage our natural instinct to connect through spoken voice and listening together

4,5 hours with a lunch break

Gary Whited, poet, philosopher and psychotherapist. Has a private practice in psychotherapy in Boston, Massachusetts, working with individuals, couples and groups. Has presented workshops in the U. S., Norway and Russia. His workshops focus on the practice of deep listening as a vehicle for healing, specifically addressing issues of trauma, grief and shame. Also writes poetry and incorporates poetry into his workshops and into his work with clients. His book of poems titled, *Having Listened*, published in 2013, has recently been translated into Russian by Viktor Kagan.

Yelena Larionova, Sergey Valyukhov *St. Petersburg, Russia*
Facilitating Therapy Groups. Part 1

Workshop

This workshop is part of our program on leading therapy groups. It is meant for those who want to develop their understanding and skills in the area of group therapy. During this workshop we will:

1. Have a phenomenological group for the participants to have a hands-on experience of such groups and to gain better understanding of themselves in the relationships with the others.
2. Have time for comments, questions, and discussion.

We will work in a fish-bowl fashion with 8 -10 people working in the experiential group and other participants observing.

4,5 hours with a lunch break

Yelena Larionova, psychologist, counselor, trainer, supervisor, therapy group leader with more than 25 years experience. Works in Harmony Institute.

Sergey Valyukhov, psychologist, therapist, trainer, therapy group leader.

Irina Mlodik *Moscow, Russia*

Symptoms in Children as A Way to Speak about Problems, or When Doctor House Is Powerless

Workshop

Difficult cases of family and child counseling.

Irina Mlodik, Ph.D., existential therapist, child psychologist, writer

Aleksander Khvatov *St. Petersburg, Russia*

The Manual on Teaching Irresponsibility

Workshop

How to make one's subordinates irresponsible and inert? Not an easy task for a leader, but an important and exciting one.

Aleksander Khvatov, business trainer, OD specialist, director of the PRAKTIK-CENTER (St. Petersburg), chair Organizational Psychology at "Imaton", head of the training program Organizational Psychology. Trainer since 1994, consultant since 1996.

Ekaterina Ugolyeva *St. Petersburg, Russia*

Connection Points and Transitions: Therapy for Couples in Crisis

Workshop

Ekaterina Ugolyeva, family therapist, head of the Family Counseling Program of the center *Praktik*, head of the family system therapy chair (Institute of Practical Psychology *Imaton*.)

14.00

LUNCH

15.30 – 18.00

LATE AFTERNOON SESSIONS

Gary Whited *Boston, MA, USA*

Polyvagal Theory, Poetry and PTSD: Portrait of the Poet as Trauma Therapist. Part 2

Continuing

Yelena Larionova, Sergey Valyukhov *St. Petersburg, Russia*

Facilitating Therapy Groups. Part 2

Continuing

Irina Kazakova *St. Petersburg, Russia*

Practical Phenomenology: Experiencing the Different

Workshop

We will create a situation of experiencing the different and analyze this experience using hermeneutic phenomenology.

Irina Kazakova, Ph.D in clinical psychology, editorial board member of the journal "HORIZON. Studies in Phenomenology", in 2014-2016 guest teacher of Existential Psychology in European Humanities University (Lithuania)

Iliya Pavlovskiy *St. Petersburg, Russia*

How Therapy Emerges: an Attempt of Phenomenological Comprehension

Workshop

Iliya Pavlovskiy, clinical psychologist, existential psychologist, free phenomenologist (doesn't belong to any formal school or institute)

Empathy as Sympathetic Co-presence

Workshop

Veniamin Kolpachnikov, Ph.D, psychologist, teacher, therapist

18.15 – 19.15

DIALOGUE GROUPS

19.30

DINNER

20.30 – 22.00

EVENING EVENT

Watching and Discussing *TOGETHER*, a Documentary by Denis Shabayev

A father and a daughter, their everyday life, their work.... They haven't seen much of each other this year. Two cameras directed at each other, different fears filling the shared space.

Discussion will be mediated by the organizational committee of the Conference.

22.00

OPEN SPACE

Sunday, April 30

Time		Room
08:00 – 08:45	Morning meditation and movement Anne Yeomans	White Hall
10:00 – 11:15	Morning Lecture Gender Identity and Its Assessment Dmitriy Isayev	White Hall
11:15 – 11:30	Presentation of workshops	
11:30 – 12:00	Coffe-Break	
12:00 – 14:00	Early Afternoon Sessions	
	Healing from Insecure Attachment and Developing Secure Attachment during Adulthood. Part 1 David Elliott	
	Playback Theatre Backstage. Part 1 Actors of the Playback-theatre “Let’s have a Look!”	
	A Mirror. Part 1 Sergey Larionov	
	Modern Society as a Therapy Client. Looking through the Prism of Process-Phenomenological Concept Denis Zhelatyelev	
	Games without Fun. More about codependency Inna Ilyina, Irina Vasilyeva	
14:00	Lunch	
15:30 – 18:00	Late Afternoon Sessions	
	Healing from Insecure Attachment and Developing Secure Attachment during Adulthood. Part 2 David Elliott	
	Playback Theatre Backstage. Part 2 Actors of the Playback-theatre “Let’s have a Look!”	
	A Mirror. Part 2 Sergey Larionov	
	Psychologist in Palliative Care for Children Veronica Shutova	
	Countertransference: Therapist’s Body Reactions in the Process of Therapy Anna Rodina	
18:15 – 19:15	Dialogue groups	
19:30	Dinner	
20:30 – 22:00	Poetry reading Gary Whited and Anne Yeomans	
22:00	OPEN SPACE	White Hall

Sunday, April 30

08.00 – 08.45

Anne Yeomans *Colrain, MA, USA*

Morning meditation and movement

Anne invites everyone to share this one hour before breakfast in meditation and body work.

10.00 – 11.15

MORNING LECTURE

Dmitriy Isayev *St. Petersburg, Russia*

Gender Identity and Its Assessment

Lecture

Gender roles and gender Identity. Systemic approach to gender identity. Gender personality and gender lenses, gender schema theory.

Dmitriy Isayev, M.D psychotherapist, worked for 18 years at Bekhterev Institute, in 2003-2015 chair of clinical psychology in St. Petersburg State Pediatric Medical University.

11.30-12.00

COFFEE-BREAK

12.00 – 14.00

EARLY AFTERNOON SESSIONS

David Elliott *Providence, RI, USA*

Healing from Insecure Attachment and Developing Secure Attachment during Adulthood. Part 1

Workshop

Insecure attachment during early childhood can result in many difficulties during adult life. This workshop will look at some of the conditions that create insecure attachment, and will highlight how the conditions that create secure attachment can be brought into therapy for healing during adulthood. Guided imagery will allow participants to experience this healing process.

4,5 hours with a lunch break

David Elliott, received his Ph.D. in Psychology from Harvard University in 1989. He is former President of the Rhode Island Psychological Association (USA), and has a psychotherapy practice in the USA and consults internationally. He co-authored *Attachment Disturbances in Adults: Treatment for Comprehensive Repair*(2016), and teaches workshops about attachment security, personality, and development.

Actors of the Playback-theatre “Let’s have a Look!” *St.Petersburg, Russia*

PlayBack Theatre Backstage . Part 1

Workshop

Some forms and techniques of Playback theatre will be shared at this workshop. Participants will have an opportunity to be Playback actors and actresses, and to observe their feelings and states from aside.

4,5 hours with a lunch break

Actors of the Playback-theatre “Let’s have a Look!”: Tatyana Kubanova, Marina Gershevich, Mariya Soloveychik, Aleksander Kolesnik, Irina Grodnik, Irina Ovchinnikova, Tatyana Borozdina, Lana Yakusheva, Svetlana Nikitina

Sergey Larionov *St.Petersburg, Russia*

A Mirror. Part 1

Workshop

Exploring of what is happening to a person when his\her dependency is being formed.

4,5 hours with a lunch break

Sergey Larionov, practical psychologist, supervisor; has been practicing psychological counseling since 1989, trainer since 1990; designer and leader of training programs at Harmony Institute

Denis Zhelatyelev *St.Petersburg, Russia*

Modern Society as a Therapy Client. Looking through the Prism of Process-Phenomenological Concept

Workshop

Process-phenomenological concept will be introduced, and a generalized image of a modern client and how it has changed with time will be discussed

Denis Zhelatyelev, Ph.D., assistant professor of the department of developmental psychology and education of Pushkin Leningrad State University, staff of St. Petersburg Gestalt Institute. Supervisor.

Inna Ilyina, Irina Vasilyeva *St.Petersburg, Russia*

Games without Fun. More about codependency

Workshop

Rescuer, Victim, Persecutor – typical roles in codependence games. How to change those roles to the more positive ones.

Irina Vasilyeva, M.D. psychotherapist, HARMONY Institute, staff of the International School

Inna Ilyina, psychologist, trainer, coach

14.00

LUNCH

15.30 – 18.00

LATE AFTERNOON SESSIONS

David Elliott *Providence, RI, USA*

Healing from Insecure Attachment and Developing Secure Attachment during Adulthood. Part 2
Continuing

Actors of the Playback-theatre “Let’s have a Look!” *St.Petersburg, Russia*

PlayBack Theatre Backstage . Part 2

Continuing

Yelena Larionova, Sergey Valyukhov *St. Petersburg, Russia*

Facilitating Therapy Groups. Part 2

Continuing

Veronica Shutova *St. Petersburg, Russia*

Psychologist in Palliative Care for Children

Workshop

Veronica Shutova, works in a child hospice with children and parents who lost their children, head of the charity EVERYONE, supporting terminally ill children. Master’s degree in psychology and theology, International School (HARMONY) student.

Anna Rodina *Moscow, Russia*

Countertransference: Therapist’s Body Reactions in the Process of Therapy

Workshop

Using movement we will explore how our body reacts to meaningful relations in professional context.

Anna Rodina, Ph.D., psychologist, therapist, trainer and teacher.

18.15 – 19.15

DIALOGUE GROUPS

19.30

DINNER

20.30 – 22.00
EVENING EVENT

Gary Whited and Anne Yeomans

Poetry Reading

Gary Whited and Anne Yeomans along with Mark Pevzner, Sasha Badkhen and Marina Badkhen will read poems in English and in Russian. We will read back and forth in dialogue with each other and with the audience, allowing our shared listening to take us to the deep and far places poetry awakens in us. Please join us for an evening of listening together.

22.00
OPEN SPACE

Monday, May 1

Time		Room
08:00 – 08:45	Morning Dance-and-Movement Workout Anna Rodina	White Hall
10:00 – 11:15	What We Can Learn about Group Process from looking at Art Objects, and How it can Expand Our Vision of Group Work Aleksander Badkhen	White Hall
11:15 – 11:30	Presentation of workshops	
11:30 – 12:00	Coffe-Break	
12:00 – 14:00	Early Afternoon Sessions	
	Holding The Sacred Circle for Women’s Voices. Part 1 Anne Yeomans	
	Relationships in Psychotherapy. Part 1 Mark Pevzner	
	Prenatal Bereavements: Psychological Help Yulia Zamaneyeva	
	A Difficult Client in a Group Yan Fedorov	
	Dogs are Not Only the Best Friends of Humans but Their Therapists as Well Victoria Galiguzova, Alexandra Gagushina and her dogs – Chanel and Mila	
14:00	Lunch	
15:30 – 18:00	Late afternoon sessions	
	Holding The Sacred Circle for Women’s Voices. Part 2 Anne Yeomans	
	Relationships in Psychotherapy. Part 2 Mark Pevzner	
	Balint group Andrey Chechik	
	Love and Psychology: Emotion and Human Illusion Alex Yentin	
	Ethical Problems in Psychotherapy and Counseling Sergey Babin, Alla Shaboltas	
18:15 – 19:15	Dialogue groups	
19:30	Dinner	
20:30 – 22:00	Concert	White Hall
22:00	Dancing	White Hall
	OPEN SPACE	

Monday, May 1

08.00 – 08.45

Morning Dance-and-Movement Workout

Anna Rodina, Ph.D., psychologist, therapist, trainer and teacher, invites you to start your conference days with thirty minutes of dance and movement exercises to increase your body awareness and flex your body.

Sports or easy wear to be able to lie on the floor, socks or barefoot.

10.00 – 11.15

MORNING LECTURE

Alexander Badkhen *St.Petersburg, Russia*

What We Can Learn about Group Process from looking at Art Objects, and How it can Expand Our Vision of Group Work

Lecture

Alexander Badkhen, M.D, psychotherapist, one of the founders of the “Harmony” Institute for Psychotherapy and Counseling; director of the International School for Psychotherapy, Counseling and Group Leadership.

11.30-12.00

COFFEE-BREAK

12.00 – 14.00

EARLY AFTERNOON SESSIONS

Anne Yeomans *Colrain, MA, USA*

Holding The Sacred Circle for Women’s Voices. Part 1

Workshop

Through centering practices, listening deeply to ourselves and each other, trusting the truth of our experience, we will create a circle for women which is honest, deep and healing. Circle principles and guidelines will be taught. Topics to be explored include: love and power, circle as teacher, and embodied spirituality.

For women working with women's groups and women's circles, or for women wanting to learn to do this kind of work:

1. To teach the principles and skills of creating and sustaining a sacred circle for women.
2. To give women the experience of being in a circle.
3. To explore the balance of love and power in women’s experience within the context of a women’s circle.

4,5 hours with a lunch break

Anne Yeomans, MA, psychotherapist, & group facilitator for 40 years. One of Founding Trainers of International School, has led countless sacred circles for women in U.S. and internationally

Mark Pevzner *St. Petersburg, Russia*

Relationships in Psychotherapy. Part 1

Workshop

Relationships as a key element of healing.

4,5 hours with a lunch break

Mark Pevzner, clinical psychologist, counselor, trainer and supervisor. One of the founders of the Harmony Institute for Psychotherapy and Counseling; teacher at the International School for Psychotherapy, Counseling and Group Leadership, one of the founders of the Annual International Conflict Resolution Conference.

Yulia Zamaneyeva *St. Petersburg, Russia*
Prenatal Bereavements: Psychological Help

Workshop

Yulia Zamaneyeva, Ph.D., clinical psychologist, works as a psychologist at the obstetrical hospital, author of a book "Loosing a Close One, Trial of Life"

Yan Fedorov *St. Petersburg, Russia*
A Difficult Client in a Group

Workshop

Demonstration of group work with psychotic and borderline patients. Participants are invited to roleplay their "difficult" clients in group imitation setting

Yan Fedorov, M.D., head of a mental day hospital, vice-president of the European Confederation of Psychoanalytic Psychotherapies (ECP), supervisor, head of the sector of clinical psychoanalysis of Russian Association of Psychotherapy, head of the Interregional Center for Modern Psychoanalysis

Victoria Galiguzova, Alexandra Gagushina and her dogs – Chanel and Mila *St. Petersburg, Russia*
Dogs are Not Only the Best Friends of Humans but Their Therapists as Well

Workshop

Psychological aspects of Canistherapy

Victoria Galiguzova, psychologist, counselor

Alexandra Gagushina, canistherapist, since 2014 together with her dogs **Chanel** and **Mila** is a member of DOGS FOR LIFE.

14.00

LUNCH

15.30 – 18.00

LATE AFTERNOON SESSIONS

Anne Yeomans *Colrain, MA, USA*
Holding The Sacred Circle for Women's Voices. Part 2
Continuing

Mark Pevzner *St. Petersburg, Russia*
Relationships in Psychotherapy. Part 2
Continuing

Andrey Chechik *St. Petersburg, Russia*
Balint group

Workshop

Andrey Chechik, M.D, psychotherapist. Individual, family and play therapy. Balint group leader, trainer for Balint group leaders.

Alex Yentin *New-York, NY, USA*
Love and Psychology: Emotion and Human Illusion

Workshop

Working with clients with difficulties in love relationships

Alex Yentin, clinical psychotherapist and group psychotherapist

Sergey Babin, Alla Shaboltas *St. Petersburg, Russia*
Ethical Problems in Psychotherapy and Counseling

Round table

Data of the Internet survey dealing with the most frequent ethical issues in therapy and counseling as well as some clinical cases will be presented and discussed.

Sergey Babin, psychotherapist, member of the Russian Association for Psychotherapy.

Alla Shaboltas, practical psychologist, supervisor, the head of the department of Psychology at the State University, the head of the Russian Psychological Comity of Ethical Problems.

18.15 – 19.15

DIALOGUE GROUPS

19.30

DINNER

20.30 – 22.00

CONCERT

22.00

DANCING and OPEN SPACE

Tuesday, May 2

Time		Room
08:00 – 08:45	Morning open space	White Hall
10:00 – 11:15	Morning lecture When My World Dies before I Do: Experiencing the Different and Inability to Forget Irina Kazakova	White Hall
11:15 – 11:30	Presentation of workshops	
11:30 – 12:00	Coffe-Break	
12:00 – 14:00	Early Afternoon Sessions	
	Beating around the Bush, or a Few Words about Contact Maria Stekolnikova	
	Life or Career Guidance (Practice and Effective Methods of Career Counseling) Olga Sorina	
	Smells of Emotions (Essential Oils as a Tool for Assessing and Changing Emotional States) Irina Vasilyeva	
	In the beginning was the word Inna Ryazanova	
	Widening as the Process of Human Development Sergey Tyulyenyev	
14:00	Lunch	
15.30	Closing ceremony	White Hall

Tuesday, May 3

08.00 – 08.45

Morning Open Space before breakfast

We invite anyone who wants to organize something before the breakfast or to join someone else (it can be some kind of stretching, meditation or just a walk in the park) to announce your offer at the blue board next to the restaurant and the reception.

10.00 – 11.15

MORNING LECTURE

Irina Kazakova *St.Petersburg, Russia*

When My World Dies before I Do: Experiencing the Different and Inability to Forget

Lecture

What happens when my world falls apart and stops to exist and I need to enter something radically new and unknown.

Irina Kazakova, Ph.D in clinical psychology, editorial board member of the journal “HORIZON. Studies in Phenomenology”, in 2014-2016 guest teacher of Existential Psychology in European Humanities University (Lithuania).

11.30-12.00

COFFEE-BREAK

Maria Stekolnikova *St.Petersburg, Russia*
Beating around the Bush, or a Few Words about Contact

Workshop

Maria Stekolnikova, teacher and therapist at St. Petersburg Gestalt Institute.

Olga Sorina *St.Petersburg, Russia*
Life or Career Guidance (Practice and Effective Methods of Career Counseling)

Workshop

Olga Sorina, psychologist. Works since 2005 (lectures, trainings, workshops, individual and family therapy). Author of the project of the inspiration development “Breath-in” that works since July 2015.

Irina Vasilyeva *St.Petersburg, Russia*

Workshop

Smells of Emotions (Essential Oils as a Tool for Assessing and Changing Emotional States)
Irina Vasilyeva, M.D. psychotherapist, HARMONY Institute, staff of the International School.

Inna Ryazanova *St.Petersburg, Russia*
In the beginning was the word

Workshop

Intense Interaction - a British method used for establishing contact with children with multiple disorders and/or autism.

Inna Ryazanova, correctional educator, Works in a social school Caritas (St.Petersburg).

Sergey Tyulyenyev *St.Petersburg, Russia*

Workshop

Widening as the Process of Human Development

Incorporating new meanings into one's life is a process of “Widening”. The workshop will be devoted to searching and establishing contact with the process of widening oneself and one's life.

Sergey Tyulyenyev, coach, psychotherapist, consultant, member of the International Coach Federation, trainer, teaches coaching and organizational development at the Coaching Institute.

14.00
LUNCH

15.30
CLOSING CEREMONY

